Monterey / MUST HAVES



COASTAL CHIC

Where to shop in Carmel and Big Sur

BY DAVID NASH

High Time

Known since the 1950s for its stunning array of estate and antique jewelry, and vintage watches, Fourtané Jewelers isn't to be missed. Finds like this circa-1960s Asymmetrical Carnelian and Diamond Rolex Lady's Watch (\$16,800) in a 14-karat yellow gold setting is a rare find indeed. *fourtane.com*

Scribe's Armor

A perfect weapon for the ultimate word warrior, Montegrappa's Viking Fountain Pen (\$216,000) is a formidable writing instrument. This utilitarian sculpture, available at Bittner, is made from 18-karat yellow gold, with accents of 18-karat rose gold, sterling silver detailing, and a hand-applied enamel. Limited to an edition of six. bittner.com



Animal Attraction Although prolific Big Sur

artist Loet Vanderveen died in 2015, his charming limited-edition and richly patinated animal sculptures are still available through COAST Big Sur gallery. Pieces like this Classic Seated Aquamarine Cheetah are too good to pass up. Prices on request. coastbigsur.com/ gallery



Established in 1994, Carmel Valley Coffee

The Grind

Roasting Company is the only certified organic coffee roasting company on the Monterey Peninsula. Visit any of its area locations for a cup of coffee and pick up a bag of its signature Organic Carmel Foglifter blend (from \$12.95). carmelcoffeeroasters.com

Cup of Joe Artist **Peter** Plamondon was first

inspired to paint in the 1960s by Big Sur artist Kaffe Fassett. His work, including **Graniteware** Cups #5 (\$5,800), acrylic on canvas, can be acquired through the Carmel Art Association Gallery - the oldest gallery in Carmel-by-the-Sea, founded in 1927. carmelart.org.



I've always been a huge proponent of a very natural, graceful, almost "no-makeup" everyday look — the kind that allows a woman's individuality, personality and confidence to shine through. Starting with a luminous canvas — healthy and radiant skin — is a must. For a glow that's refreshed and illuminated from within, put these new skincare releases on your radar this spring.

Lighten Up The best eye cream this season is White Caviar Eye Extraordinaire by La Prairie. In order to achieve firm, younger-looking skin, the formula takes inspiration from the way an eye's three dimensional



architecture reflects the light. The illuminating molecule Lumidose — an inhibitor of tyrosinase, the enzyme responsible for the formation of melanin — intensely targets unflattering spectral disturbances (such as gray and brown), and optimizes the reflection of light from the skin. Colden Caviar extract increases collagen production, and the brand's exclusive Cellular Complex boosts skin's vitality. La Prairie White Caviar Eye Extraordinaire Eye Cream, \$550; laprairie.com



Shape Up For a breakthrough serum, head to YSL Beauty. The brand's Y Shape Serum from its Pure Shots collection fights skin sagginess and achieves a more defined and chiseled face with a unique synergy of nature and science - a combination of Barbary Fig and powerful peptide technology. I like the serum's light, quick-absorbing texture and its instantly lifting and firming effect. An added bonus is the YSL's nod to

sustainability: the refills are available for each Pure Shots serum to curb plastic waste. YSL Beauty Pure Shots Y Shape Firming Serum, \$88; yslbeautyus.com



Re-Energize

The face cream of the season is a classic remastered — meet the fourth generation of Cuerlain's Orchidée Impériale The Cream. The science behind its innovative formula is the brand's new technology, which is based on the star orchid flower and involves Factor HIF-1 Alpha, a natural regulator of cell respiration. It improves skin's regenerative properties and "breathability." I love the cream's richly luxurious yet lightweight texture as well as its subtle, sophisticated glow that shines with each application, thanks to the reflective properties of the added diamond powder. Guerlain Orchidée Impériale The Cream, \$460, neimanmarcus.com